



Statewide Team Challenge

Frequently Asked Questions

Who can participate in a Statewide Team Challenge?

The challenge is open to all full-time state employees, and spouses enrolled in a, Indiana State Personnel Department (INSPD) sponsored medical plan. Employees who are not enrolled in an INSPD sponsored health plan will create challenge-only ActiveHealth portal accounts.

How do I participate in a Team Challenge?

Log in to the ActiveHealth portal or mobile app and go to the Challenges. You will see any available Team Challenges toward the bottom of the page. If you do not have an ActiveHealth account, go to www.myactivehealth.com/StateofIndiana and click on "Sign up for MyActiveHealth" at the bottom of the page. Enter your name as it appears on your insurance card (or PeopleSoft if you do not on INSPD insurance), date of birth, and zip code.

Can I create my own team for a Statewide Team Challenge?

Yes. To participate in the Team Challenge you can either join an existing team or create a new team.

How do I join an existing team?

Use the search bar to look up a team name or person on the team. Then, click the "Join" button.

How do I create my own team?

Click "Create a Team" to create a team. To invite others to join your team, copy the invite link to send.

Do I need to have a fitness tracker connected to my ActiveHealth portal to participate in a Statewide Team Challenge?

You are encouraged to connect a fitness tracker to your ActiveHealth portal to make logging steps and exercise minutes easier. However, if you don't have a fitness tracker that connects to your ActiveHealth portal, you can manually enter your steps and exercise minutes.

How do I know if I have a fitness tracker connected to my ActiveHealth portal?

Log in to your ActiveHealth portal and navigate to the Your Trackers page found in the My Health menu. If you have an Apple Watch or connected iPhone, login to your ActiveHealth app to verify your device connection.

How do I help my team win a Statewide Team Challenge?

Every 25% completed toward your daily goals moves your team forward in the challenge. Reaching 125% of your daily goal gives your team a bonus to help claim the top spot in the leaderboard.

How do I know how my team and I are doing during a Statewide Team Challenge?

Check the challenge leaderboard to see your progress in the Statewide Team Challenge. Team rankings refresh every morning.